



PROGRAM EVALUATION RESULTS

‘Girls for Life 2022’

Term 3, 2022

Total Participants: 5**

FACILITATED BY: Vicky Cullen and Denise East-Lip

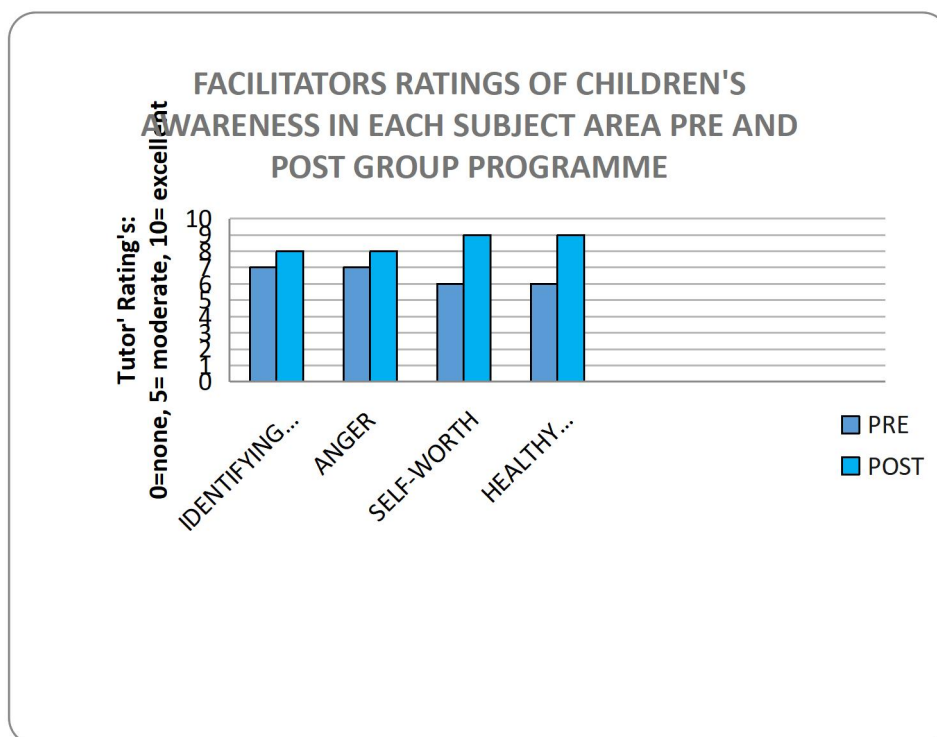
Collated on December 2022 by Vicky Cullen

*All participants names have been changed to protect confidentiality

** One of the girls attended the first two sessions, but was unable to

complete the rest of the program, including the follow up visit the next term, due to being very unwell.

Facilitators Feedback



Whānau Feedback:

1. Please write down any positive changes you have noticed in your child after the 'Skills For Life' Program:

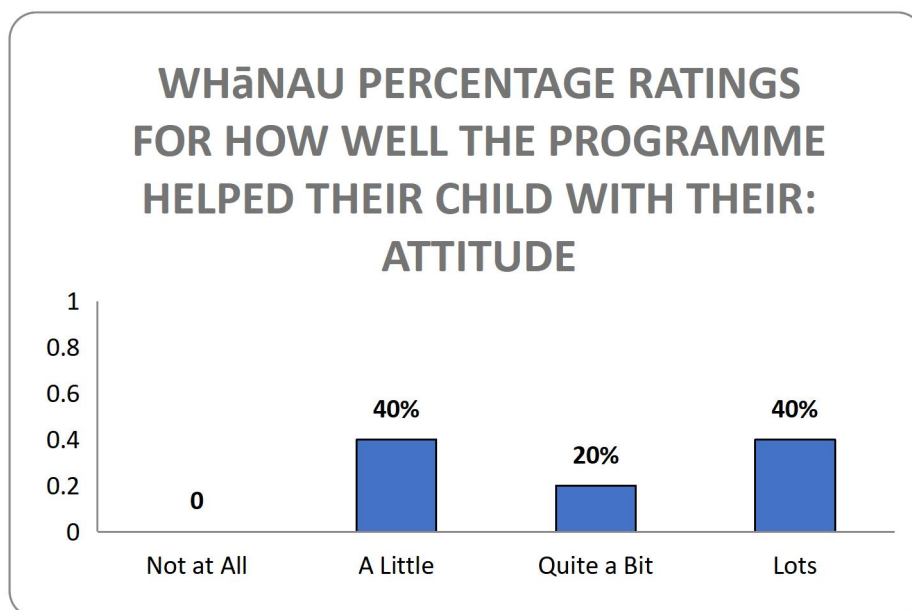
- *She seems more confident – has found her voice.*
- *Finding a little bit more self worth and confidence.*
- *She has been more open to communicating her feelings with me. She's been able to speak more openly about things that bother her.*
- *Open more about how she feels. Resolves conflicts. Has better handle of her emotions.*

- *Her attitude towards facing problems improved a lot. She has showed more interests in wanting to help towards cooking dinner.*

2. Please write down anything your child told you that they learned in the program:

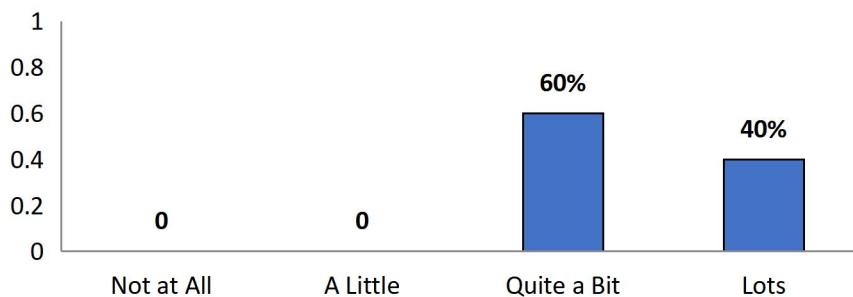
- *She enjoyed making the bridges and making them fall.*
- *How to identify emotions. What a healthy relationship looks like. Changes I would make in the hope to have healthier relationships.*
- *Healthy relationships with peers and friends. Self love.*
- *Emotions and dealing with them*

3. Percentage of whānau ratings for how well they feel the program helped their child with their attitude:



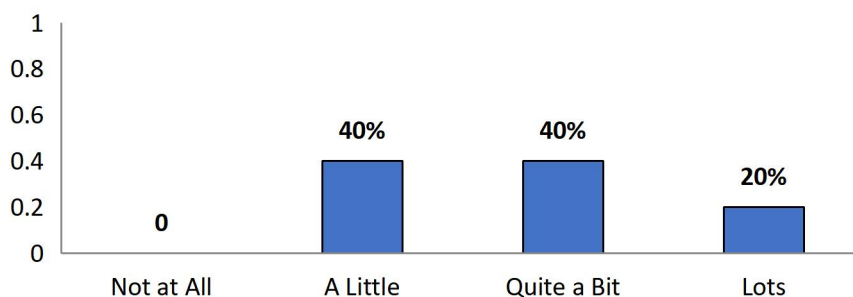
4. Percentage of whānau ratings for how well they feel the program helped their child with their feelings/emotions:

**WHĀNAU PERCENTAGE RATINGS
FOR HOW WELL THE PROGRAMME
HELPED THEIR CHILD WITH THEIR:
EMOTIONS**



5. Percentage of whānau ratings for how well they feel the program helped their child with any of their behavior or the way they act:

**WHĀNAU PERCENTAGE RATINGS
FOR HOW WELL THE PROGRAMME
HELPED THEIR CHILD WITH THEIR:
BEHAVIOUR**



6. Please write down what you think your child enjoyed THE MOST about the program:

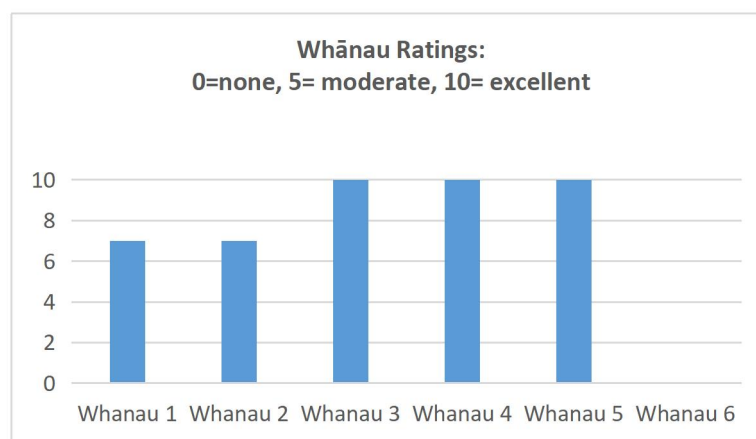
- *That it was something for her, had focus on herself.*
- *Learning that her emotions are normal and how she can deal with them.*
- *Being part of something fun, learning new things and being encouraged.*

- *Her days spent in the program has so much to say.*
- *Being able to make things with her friends and staying away from home just a little longer :)*

7. Please write down what you think your child enjoyed THE LEAST about the program:

- *Being with a new group of people but that is going to be good.*
- *She enjoyed the whole program.*
- *Unsure I only heard good things.*

8. Percentage of whānau ratings for how helpful the program was for them:



9. Please tell us more about how this program was for your whānau:

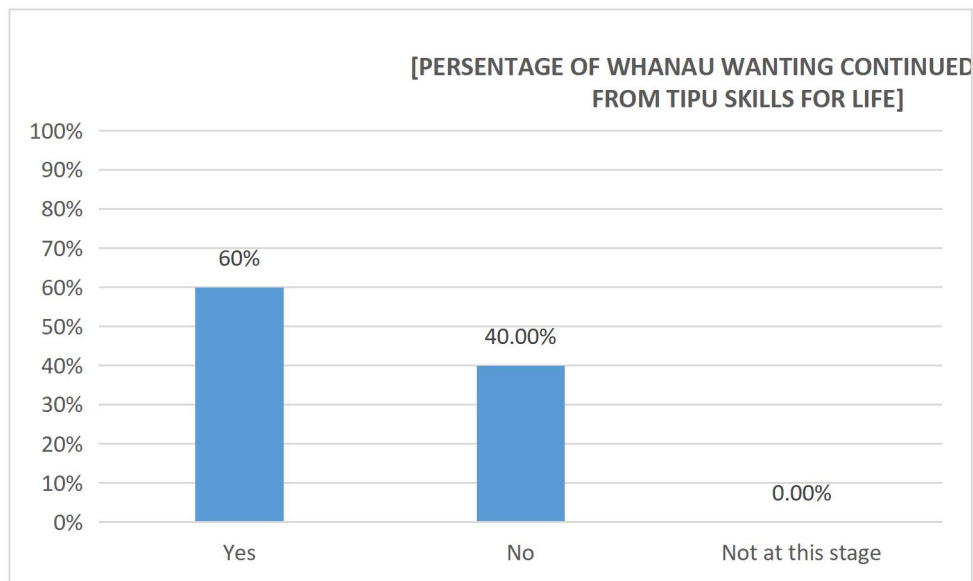
- *To give her something focused just for her and brought her out of her shell.*
- *Sally and I have enjoyed the overall experience and though I have only marked a little on this for most of it as I've kept this for Sally to share as she pleases and not intrude. But have noticed wonderful changes in her emotion management and how everyone else's emotions affect her.*
- *Monica is my second child to attend this program. Both girls have enjoyed the program thoroughly. She learnt a lot about herself, her identity, how to manage her emotions in a healthy way which has helped us at home in how we relate to each other.*

- *Good as always! Had 3 girls in the program.*

10. Is there anything that you would like help with in parenting your child?
(Please write below):

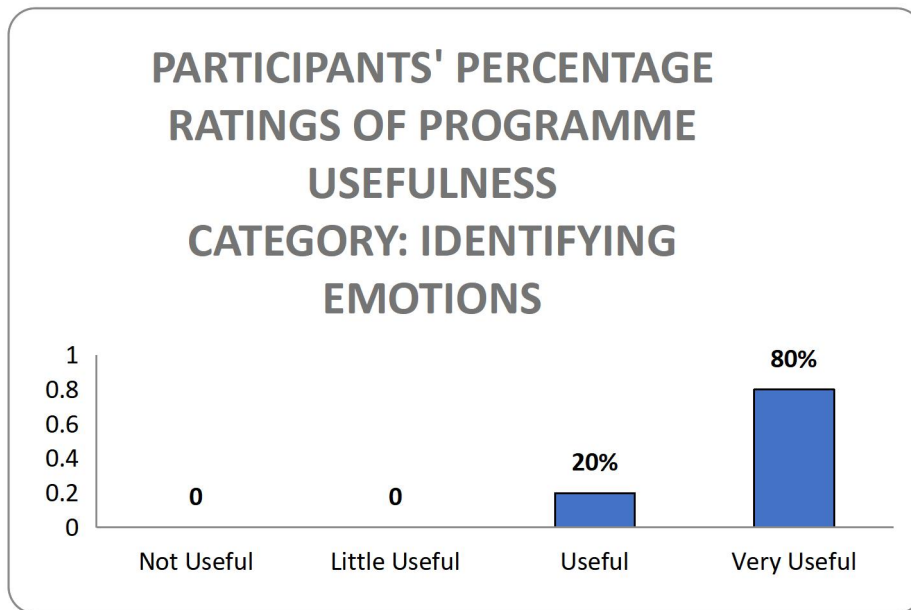
- *Mentoring*
- *No, but thank you*

11. Percentage of whānau who would like to continue working with Tipu Skills for Life:



Participants Feedback:

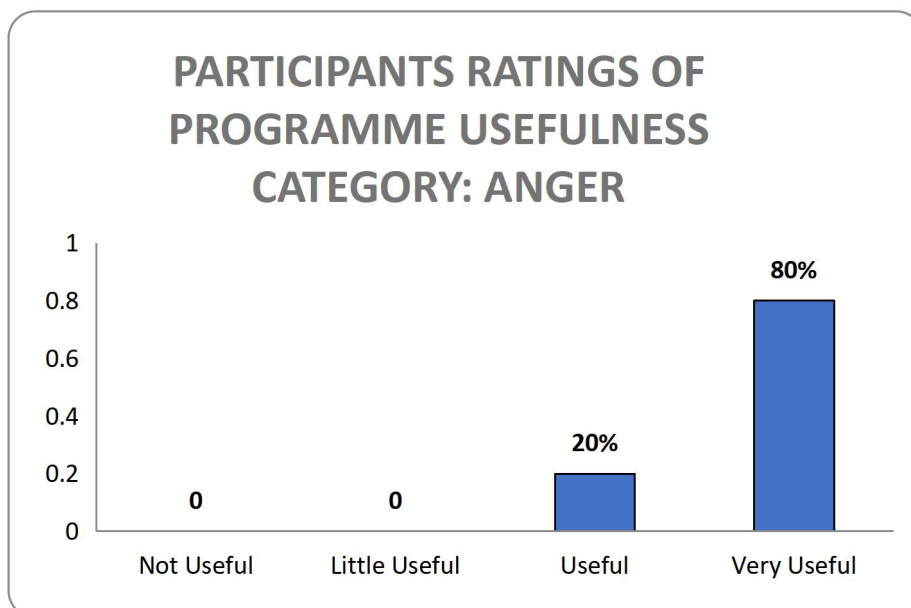
1. How useful was the topic - Identifying Emotions for the participants:



2. What the participants could remember from - Identifying Emotions.

- *So when I'm in a good I can help people everyone with emotions.*
- *When detect emotions*
- *Miming*
- *Weird, happy, angry, excited, brave, amazed*
- *Brave, happy. We learnt different emotions.*

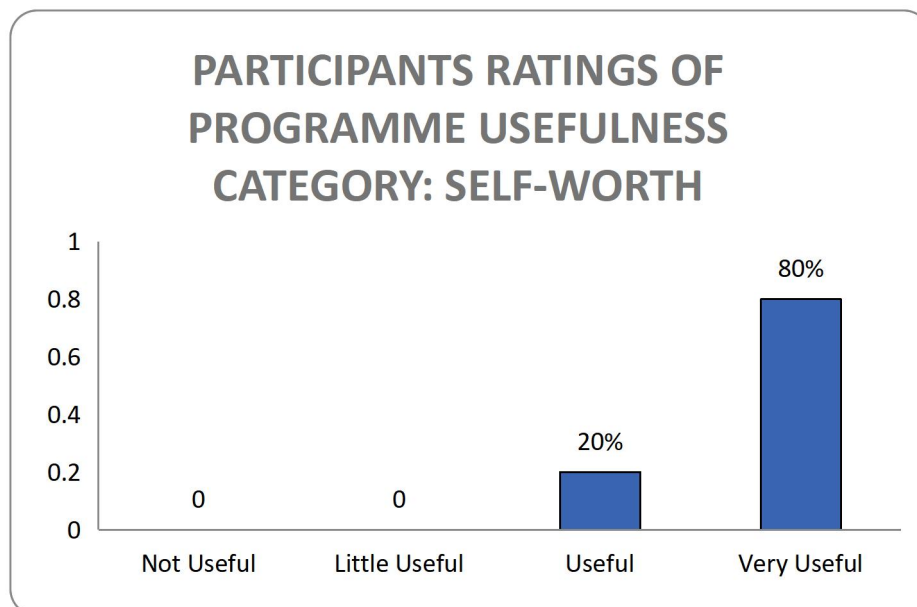
3. How useful was the topic - Anger for the participants:



4. What the participants could remember from - Anger:

- *Fizzy bottle. Controlling anger. Duck*
- *We did belly breathing and we shook a bottle*
- *What I feel when I'm angry. What to do when I'm angry.*
- *Controlling angry*
- *Fizzy bottles. Donald duck. Belly breathing. Signs of anger.*

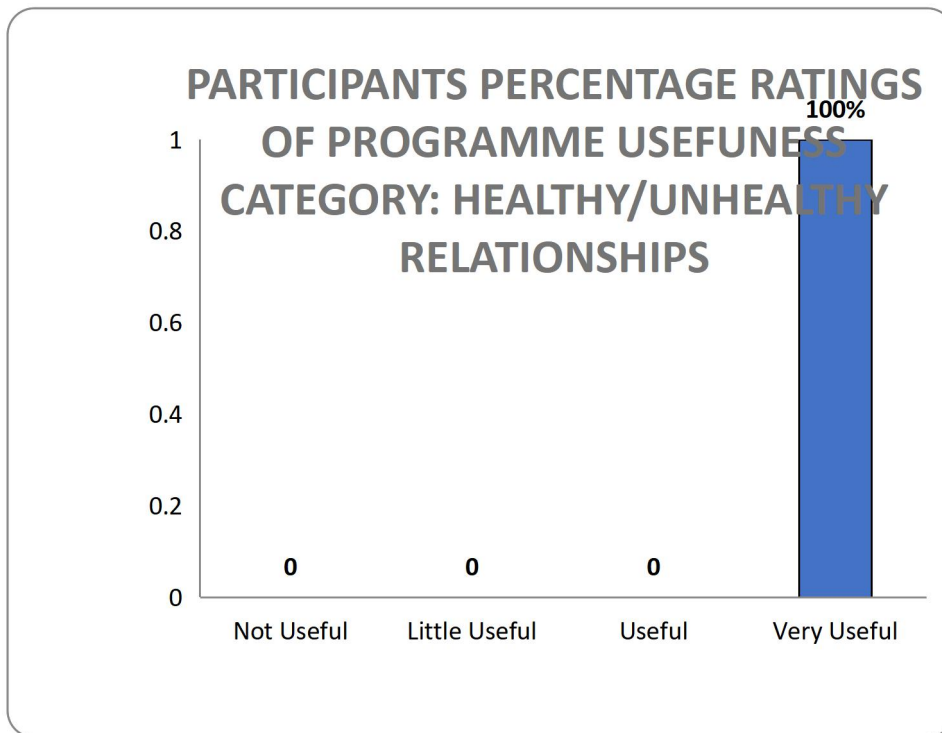
5. How useful was the topic - Self-Worth for the participants:



6. What the participants could remember from - Self-Worth:

- *50 dollar note. Burning paper.*
- *We are priceless*
- *That I'm priceless. 50\$*
- *I am priceless*
- *I am priceless*

7. How useful was the topic - Healthy Relationships for the participants:



8. What the participants could remember from - Healthy Relationships:

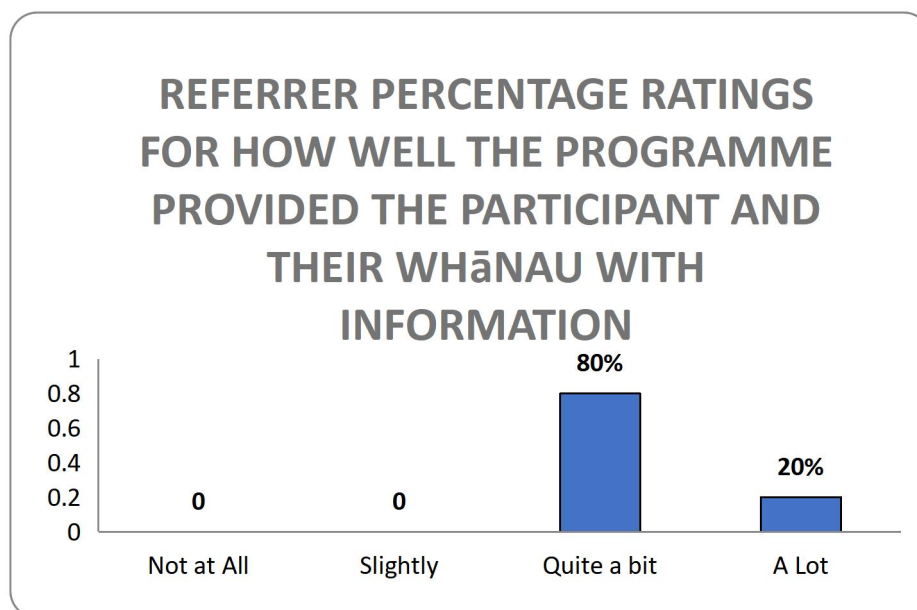
- *Healthy unhealthy relationships*
- *Did a key ring*
- *To tell if you're in a good or bad relationship. Key rings*
- *Healthy and unhealthy. Belly breathing when you're mad. Not controlling when you're mad.*
- *Friendship scenarios. Key ring.*

Referrers Feedback:

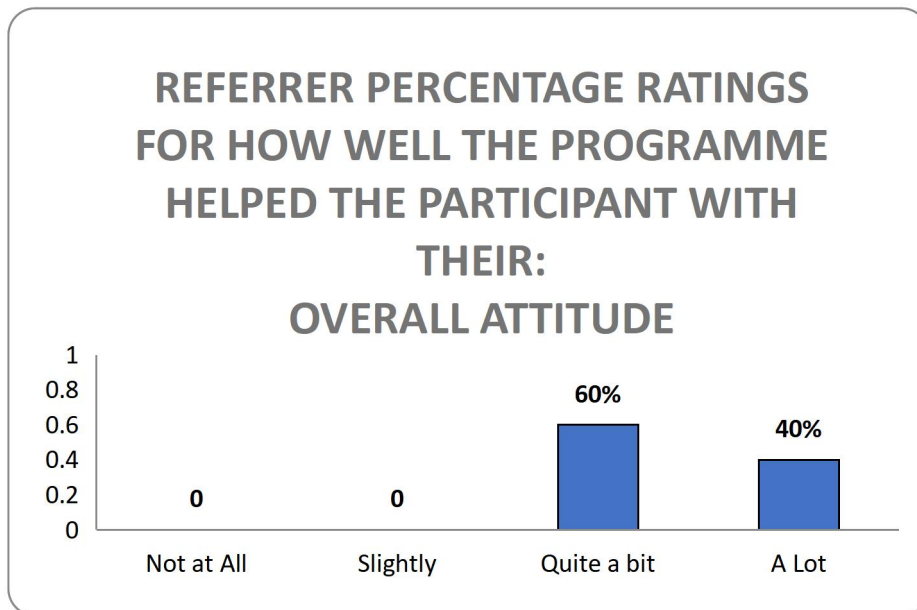
1. Please write down why you initially referred this participant for the course

- *At risk – has had SWIS involvement. Living with Dad and doesn't see much of Mum at all.*
- *Trauma – death of parent. Social skills*
- *At risk. Trauma – experienced domestic violence before parents separated. Being raised in a solo-parent home.*
- *Sisters have been through the program and mum strongly recommends this.*
- *Trauma – mum passed away a few years ago. At risk – growing up in an environment with alcohol and troublesome teenagers. Poverty. Poor attendance of late. Safety – wanders the streets some nights.*

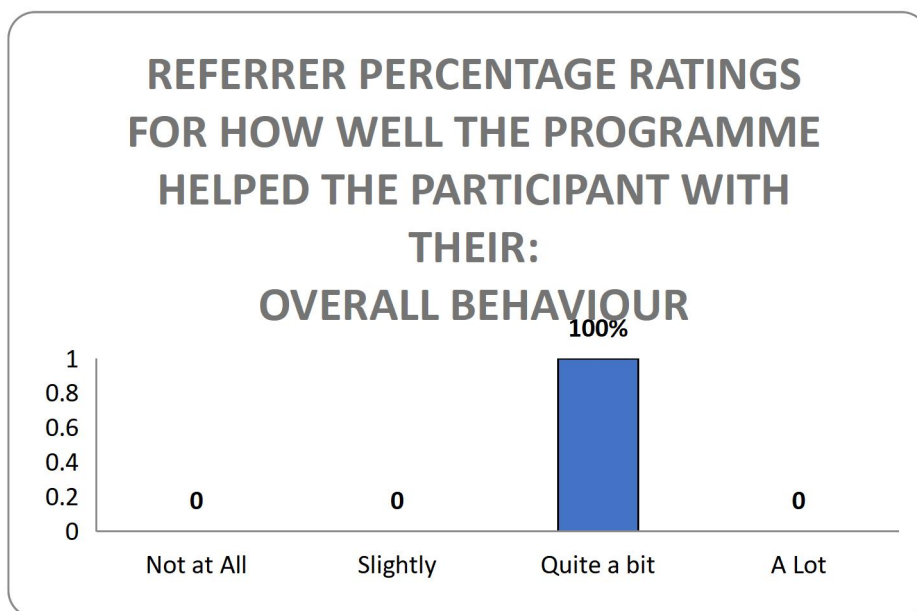
2. Percentage of referrers' ratings for how well they feel the program provided information to the young person and whanau around these areas:



3. Percentage of referrer's rating for how well the program helped the young person with their overall attitude.



4. Percentage of referrer's rating for how well the program helped the young person with their overall behavior



5. Please write down any changes you have observed in the young person

- *Confidence at talking has increased*
- *She hasn't been upset much recently. She is interacting positively with her peers.*
- *Confidence has increased. Taking up leadership opportunities*

- *Willing to have a go*
- *Has developed some positive friendships*

6. Please write down any feedback or comments you may have about the program

- *Loved programme*
- *Fantastic opportunity for her. She is very proud of what she has achieved with you.*